



ZIERING MEDICAL

FACIAL AWAKENINGS

DAY OF SURGERY:

After dinner, start taking medications one hour apart from each other with food.
Remove all dressings if any placed, upon arrival to your home the night of your surgery.
Use button down shirt.
Sleep at a 45-degree angle for the first 3 nights after surgery.

Post-Operative Comfort Pillow:

To be used for 3-4 nights following surgery. It helps to stabilize the head and neck while resting or sleeping to minimize movement for protection of grafts.

Herbal Skin Cleanser:

This is an alcohol-free cleanser that is used to wash the face. It is also used to create the cleanser mix to cleanse your facial transplant. Follow the instructions given on the post-operative care sheet when washing the face.

Cleanser Mix:

Herbal skin cleanser diluted with saline or distilled water to spritz the grafted area for cleansing.

Saline Solution or Distilled Water:

Spritz saline or distilled water to rinse OFF the cleanser mix, then pat dry. Do NOT rub.

Bacitracin Ointment:

To be used on the donor area to prevent an infection.

Folican Graft Enhancement Spray:

This spray manages crusting and optimizes the healing process by using the active ingredient copper tripeptide-1.

Six Post-Operative Laser Light Therapy Treatments:

These treatments will shorten the healing process and reduce swelling and overall discomfort after your procedure.

Bio-Oil:

Apply to suture line daily starting 1 week after suture removal. (See Bio Oil Instruction Sheet).
*Disregard for FUE procedures.

Shaving:

You may start shaving after 4 weeks.



ZIERING MEDICAL

GROOMING KIT

*Scissors

These scissors are used for constant maintenance of trimming your facial hair. You may begin to use 10 days after your procedure.

*Facial brush with comb

This brush is used for daily grooming of your facial hair. You may begin to use 10 days after your procedure.